THE FIRST 5-YEARS' TELLS US:

"The overall outcome of WAVE has been a culture change in South Canterbury, where promoting the health of students, staff and families is becoming part of normal business for education."

"Robust partnership between health and education provides a basis for significant changes in practice across all levels of education."

WAVE GOALS:

Better health and education through partnership

Early Childhood, Primary, Secondary and Tertiary settings provide healthy environments

Everyone is involved: students, whānau, staff and the wider community

Reduced health inequities and improved Māori health outcomes

WAVE regularly evaluated

KEY FINDINGS 2006-2011:

Diverse initiatives happening through WAVE

Increased attention to the needs of Māori students and to mental health

Nutrition & Physical Activity regularly promoted in ECE and Primary

WAVE Youth Forum supporting Tertiary settings and community

WAVE is a catalyst for HEALTH & EDUCATION working TOGETHER:

- FLAVA Festival
- VOICE Youth Art Project
- 5+A Day Wero
- Waimate Matariki Festival
- Ki o rahi tournaments
- Korohi o te Pepi
- Kōrero Kai - Let's talk about our food
- Te Hā o Aoraki - Toothbrushing programme
WHAT’S MAKING WAVE A SUCCESS 2012-2014?

- Relationship of the WAVE facilitator with education - robust partnership - one stop shop
- Training in Māori cultural responsiveness in teaching
- Changes in practice eg Breakfast clubs, student health teams, policies in action
- Increase in cultural initiatives across all settings

EDUCATION PARTNERS CONSISTENTLY say WAVE is successful due to:

- The WAVE facilitator relationship - regular, consistent & proactive
- WAVE’s focus on Māori health and reducing inequity
- WAVE is specific to South Canterbury - match of local knowledge and needs
- WAVE is a credible source of health resources and links

PROFESSIONAL DEVELOPMENT Opportunities

- Māori wellbeing
- Mental Wellbeing
- Let’s get going
- Kōrero Kai - Let’s talk about our food
- Oraka Niho - Healthy teeth
- Gardening workshops
- Nga Taonga Tākaro - traditional Māori games
- Pūkahukuhu Iti - Little Lungs
- Relationships

94% of settings involved in WAVE

WAVE is “the trusted voice of all things health”

97% of settings involved in WAVE

“WAVE has enabled health promotion to be embedded in education settings”

All education settings involved in WAVE

Report links:
- WAVE evaluation report 2014
- WAVE Evaluation Report 2018

www.wavesouthcanterbury.co.nz