Arowhenua Māori School - Te Hā o Aoraki Toothbrushing Pilot 2020 - Evaluation Summary

With thanks to kaiako, tamariki and whānau who generously shared their experiences of being involved in the toothbrushing programme and their thoughts about next steps.



What tamariki said... (12 respondents - Junior Survey)

1. How do you feel when it is time to brush your niho at kura? Please circle one of the faces to show how you feel.



'Feels good to brush your teeth. Feels like toothpaste likes me.'



Toothpaste feels good on my tongue. Like design of toothbrushes - right size for me.'

All junior tamariki described something they had liked **best** about the toothbrushing programme.

Over half said the best thing had been the toothbrushes and the toothpaste.

The **best** thing is...'making it clean so you don't get too dirty teeth.'

The best thing is, Arowhenua Brush"

The **best** thing is...'brushing my teeth with my friends.'

What tamariki said... (24 respondents - Middle/Senior Survey)

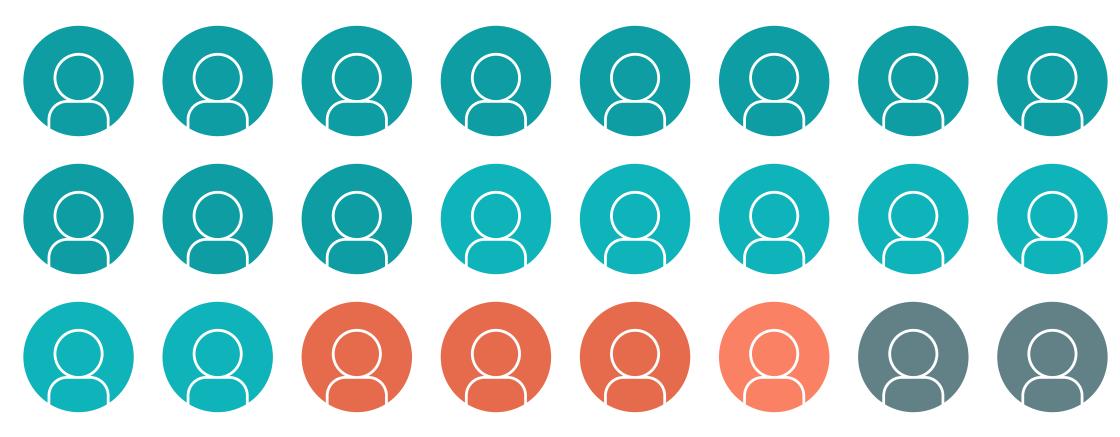
88% of tamariki agreed that the toothbrushing programme was going well.



Strongly Agree 9 (37.5%) Agree 12 (50%) Neutral 1 (4.17%)

Disagree 2 (8.33%)

75% of tamariki agreed that they liked brushing their niho at kura.



Strongly Agree 11 (45.83%)
Agree 7 (29.17%)
Neutral 3 (12.5%)
Disagree 1 (4.17%)
Strongly Disagree 2 (8.33%)



agreed that brushing their niho at kura helped them remember to brush at home.

'I liked brushing my teeth at school 'cause I forget to brush at home.'

'Good to brush your teeth cos it's important and your teeth don't fall out.'

What did tamariki think was the **best** thing about the programme?

Keeping their teeth clean.

The routine.... & the reminder...

Brushing at School & brushing With others.

Tamariki suggested having:

- better access to running water,
- separate sinks, and
- clearer labelling of toothbrushes.

3/3 kaiako

All kaiako who answered the survey agreed that the toothbrushing programme was a valuable addition to the day at the kura.

All kaiako also agreed that tamariki...

- adapted well to the expectations of the toothbrushing sessions, and
- managed themselves well during the sessions.

15/17 whanau

agreed that the toothbrushing programme had helped tamariki remember to brush their teeth at home.

18/19 whanau

agreed that the whānau pack had been useful.

'Yes, amazing pack. A lot of info. Toothbrushes and paste - very lucky to receive this.'

What did whānau say?

'Good routines initiated through this programme. Would be ludicrous not to continue.'

'Encourages all to brush teeth more regularly...group interaction supports child to do as others are doing.'



17/17 Salako Salako

agreed that the toothbrushing programme should continue to be part of each day at Arowhenua Māori School.







